



**STATES' 4-H INTERNATIONAL EXCHANGE PROGRAMS  
(States' 4-H)**

**2024 SUMMER IN-USA PROGRAM  
COMPREHENSIVE RELEASE FORM**

**Delegate's Name:** \_\_\_\_\_  
Family name First name Country of Origin

**To be read, signed, and dated by the delegate and both parents or legal guardians.**

We, the undersigned parents and/or legal guardians of the above-named delegate, hereby grant permission for our child "the delegate" to participate in the States' 4-H International Exchange Program ("States' 4-H").

**TRAVEL RELEASE/AUTHORIZATION**

We, the undersigned (parents/legal guardians), authorize our child to travel within the guidelines in this document, including:

1. Travel with the host family is limited to within the United States and Canada (see Note 1).
2. The host family must contact the state coordinator prior to any travel out of the country and provide an itinerary and emergency contact information.
3. Our child is prohibited from engaging in any high-risk activities (see page 2) during the entire period of travel with the host family.

We accept full responsibility for our child's participation in any travel within the guidelines in this document and agree to indemnify and hold harmless the States' 4-H (Board, staff, and volunteers), partner Land Grant Institutions (their personnel and volunteers) and the host family current and past.

It is understood that this Travel Release/Authorization is signed in advance and eliminates the necessity of obtaining our signatures at the time of any travel that meets the above program travel guidelines, for the duration of our child's participation in the States' 4-H International Exchange Program.

**MEDIA RELEASE**

We give our consent to authorize States' 4-H (Board, staff and volunteers), partner Land Grant Institutions (their personnel and volunteers), and any entity or person authorized or designated by them, the use and reproduction of any and all photographs, audio, video or film taken during program activities, in which our child may appear, for the purpose of program promotion or publicity of the organization's programs. We understand there will be no compensation for us. All digital media files, prints, audio, video or film are the property of the States' 4-H or the entity or person authorized or designated by it, solely and completely. We also waive any right to inspect or approve any photo, audio, video or film taken during the program. We affirmatively release and discharge States' 4-H (Board, staff and volunteers) and partner Land Grant Institutions (their personnel and volunteers) from responsibility for any distortion or manipulation, whether intentional or otherwise, of photos, video or film taken of my/our child during the Program.

**MEDICAL CARE RELEASE**

In case of illness, accident, or injury we grant permission to examine and treat our child, whose signature appears below, at an appropriate medical facility and to make referrals to outside physicians and facilities as indicated. We also authorize States' 4-H (Board, staff, and volunteers), partner Land Grant Institutions (their personnel and volunteers), host families and hosting schools (if applicable) to act for us in any emergency, accident or illness during the period of time our child is in the States' 4-H International Exchange Program and to make arrangements for whatever emergency medical care may be deemed necessary for our child's welfare. We grant permission to release information regarding our child's health to any individual designated by States' 4-H.

## States' 4-H International Exchange Summer IB Program

While under the sponsorship of the States' 4-H, our child may NOT participate in any **high-risk activities** including, but not limited to, the following:

- hunting
- firearm use
- paintball/airsoft
- mountaineering & rock climbing
- scuba diving
- deep sea diving
- jet-skiing
- snorkeling
- bungee jumping
- hang gliding
- glider riding
- parachuting
- parasailing
- hot air ballooning
- sky diving
- driving
- snowmobiling
- motorcycle/motor scooter driving/riding
- operating motorized lawn equipment
- operating farm equipment
- driving/riding motorized recreational vehicles
- driving/riding all-terrain vehicles
- horse racing
- spelunking
- surfing

## CODE OF CONDUCT

Following are the terms of participation for the States' 4-H International Exchange Programs. Delegates are expected to observe the following during the entire exchange period. Failure to comply with these rules may be grounds for dismissal from the States' 4-H International Exchange Programs. I may be sent home at once, at my expense, for violating the rules listed below.

1. Delegates must abide by the laws of the host country, host state, and hosting organization.
2. Delegates must show respect for 4-H and all program staff in the U.S. and abroad and obey their instructions.
3. Delegates must obey host family rules about things such as, but not limited to, safety, curfews and household chores. Delegates may not have guests in the host family's home without their host parent's permission.
4. Delegates should talk to their State Coordinator, Program Chaperone, or appropriate organization staff concerning problems they are having and avoid speaking of their host family's private affairs to community members and friends.
5. Delegates may not change host families without approval.
6. Delegates must always be aware of their responsibilities as an exchange participant and make a determined effort in their host family.
7. Delegates must not participate in any sexual contact or sexual activity, including possessing or viewing pornographic material.
8. Delegates must not take any action that may change the nature or course of their life, e.g. getting married, changing religion, etc.
9. Delegates are not allowed to purchase, possess, or use a firearm.
10. Delegates may not possess or use drugs except those prescribed by a licensed physician or over-the-counter medications such as aspirin.
11. Delegates are not permitted to purchase or drink alcoholic beverages.
12. Delegates are not permitted to smoke or use other tobacco products.
13. Delegates must not possess or use fireworks.
14. Delegates are not allowed to gamble.
15. Delegates must return to their home country on the date which 4-H or the program organization specifies.
16. Delegates must obtain prior consent from the host family and the appropriate organization contact before planning personal travel of any kind.
17. Delegates are prohibited from engaging in any of the high-risk activities noted above.
18. Delegates must respect and abide by host family rules in relationship to use of computer, internet, cell phone, and e-mail. They must practice safe use of the internet and are not allowed, under any circumstances, to access websites containing pornography, chat rooms, or any other sites deemed inappropriate by the host family or program officials.

## LIABILITY RELEASE

We hereby release States' 4-H (Board, staff and volunteers), partner Land Grant Institutions (their personnel and volunteers), hosting schools (if applicable), and host families past and present from any and all current and future claims, charges, costs and/or causes of action for loss of property, personal injury, illness, accident or death sustained by our child during the time he/she is a participant in the States' 4-H International Exchange Program.

We, the undersigned, understand that the insurance coverage provided as a part of the program is limited and that we are responsible for any medical expenses above and beyond those identified in the *Accident and Sickness Health Insurance Plan Summary*, including coverage determined to be in excess of *reasonable and customary*, as defined by the insurance provider. **Program insurance coverage does not cover pre-existing conditions nor the treatment of mental and nervous disorders.** Any/all medical expenses related to the treatment of pre-existing conditions or mental/nervous disorders are the full responsibility of we, the natural parents.

## States' 4-H International Exchange Summer IB Program

As the parent(s) or legal guardian(s) of the delegate we agree to supply our child with spending money to cover his/her needs and expenses for the duration of his/her exchange program and return home. We understand and agree that States' 4-H is not responsible for our child's money or personal property, whether lost or stolen, while he/she is participating in the program.

We, the delegate and parents/legal guardians, certify that all information provided in the Personal Information Sheet (PIS) is correct and complete, including medical and immunization history. We also understand that any changes in the information provided in the PIS, including but not limited to changes in the participant's medical history or condition, must be reported to the States' 4-H central office immediately. We understand that withholding information and/or providing incorrect information and/or not reporting changes after the PIS is submitted are grounds for possible termination from the program and repatriation at the parents' expense with no refund of program fees.

We, the parent(s) or legal guardian(s) give permission for States' 4-H and States' 4-H's international partners, including staff, coordinators, and host parent(s) to act on our behalf as the delegate's parent/guardian during the program. The delegate is considered to be a member of the family during the homestay.

**The signature of the undersigned delegate and parents/legal guardians indicates a complete understanding and acceptance of the terms listed in the above *Travel Release/Authorization, Media Release, Medical Care Release, Code of Conduct, and Liability Release* and a willingness to abide by said *Travel Release/Authorization, Media Release, Medical Care Release, Code of Conduct, and Liability Release*. If we, the undersigned do not sufficiently understand English, we have requested from States' 4-H representatives in our country a translation in our native language of the *Travel Release/Authorization, Media Release, Medical Care Release, Code of Conduct, and Liability Release* to ensure that we understand the information stated herein. This agreement covers the period during which the delegate participates in the States' 4-H International Exchange Program (the period from the time our child arrives in the U.S. until he/she departs the U.S.).**

\_\_\_\_\_  
Signature of parent #1/legal guardian      \_\_\_\_\_  
Print parent #1's/legal guardian's name      \_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of parent #2/legal guardian      \_\_\_\_\_  
Print parent #2's/legal guardian's name      \_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of delegate      \_\_\_\_\_  
Print delegate's name      \_\_\_\_\_  
Date

### NOTES:

<sup>1</sup> Delegates from Argentina and Costa Rica are not permitted to leave the USA during their exchange program at any time. Travel to Mexico requires special permission from the natural parents.